

Fall 2011

Tuscarawas County Job & Family Services Post-Adoption Link Newsletter

Post Adoption Special Services Subsidy

The Post Adoption Special Services Subsidy (PASSS) is a unique subsidy designed to assist Ohio families **after** the finalization of their adoption. The subsidy is available to all adoptive families, with the exception of stepparent adoption, regardless of the type of adoption (international, attorney, public, or private agency). The child does not have to meet either the federal or state definition of special needs.

In order to qualify for PASSS, the following criteria must be met:

- The child must have a special need consisting of a physical, developmental, mental, or emotional condition;
- The child's special need must have existed before the adoption was finalized or can be attributed to a pre-adoptive condition;
- The child is less than 18 years of age (or is less than 21 years of age and mentally or physically disabled);
- The family has explored other sources of assistance, but the sources are inadequate or are not available to meet the needs of the child;
- The expenses are beyond the economic resources of the adoptive family;
- The child is not in the custody of a PCSA or PCPA;
- The family resides in the state of Ohio.

PASSS is intended to pay for services not covered under other adoption subsidy programs, insurance programs, or Medicaid. PASSS funds may be used to cover medical or psychological services that are deemed necessary to meet the needs of the child. Respite care and the maintenance costs of residential treatment programs may also be covered under the PASSS program. PASSS will not cover educational or recreational services or activities solely designed to improve self-esteem.

There is no fixed income limit for PASSS. Therefore, even if you have a good income, if the cost of services is beyond your economic resources, you may be able to receive PASSS assistance.

Who makes the decision to approve the application?

Each agency has a PASSS committee that reviews applications and supporting documentation submitted by your family. If the committee requires more information, you may be asked to submit additional documentation.

After you have received written approval of your PASSS application from your local PCSA, you may arrange for the approved services. The person providing the services usually bills the agency directly. You should ask about billing procedures prior to receiving the service or at the time of service.

There is a limit of \$10,000 per child per state fiscal year (calculated from July 1 through June 30). If costs of goods/services exceeds \$10,000 in one year, families may ask to apply for an additional \$5000. PASSS applications are approved based upon the availability of funds.



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To obtain an application for PASSS, contact your Children Services agency in your county of residence.

Remember! November is National Adoption Awareness Month

Ideas You Can Use!

1. Kick off Adoption Month by distributing adoption-themed posters or flyers.
2. Sign up for a November adoption conference or call your agency to find out about Adoption Month events that are open to the public.
3. Visit a restaurant, exhibit, or event that celebrates a family member's ethnic or cultural background.
4. Donate time or money to your favorite adoption, foster care, or child welfare organization.
5. Light candles at your dinner table or in your place of worship to honor children waiting for adoptive homes.
6. Hold an art night for your children or at your parent support group meeting. Ask children to create images of your family.
7. Visit your public library's adoption-related book collection. Suggest additional volumes they should acquire.
8. Befriend a teenager who is aging out of foster care—become a mentor or offer a place to go on holidays.
9. Write down your family's adoption story. Add it to your lifebook, submit it to a newspaper, or post it online.
10. Learn positive adoption language, then teach your extended family.
11. Make a lifebook page about your child's past year. If your child doesn't have a lifebook, make this the first page.
12. Create a new family tradition—attend a sporting event, take a hike, visit a science museum, or eat a special dinner.
13. Let a media outlet know that you appreciate its past attention to adoption and look forward to continued coverage of the issue.
14. Rent a video or read a book that spurs discussion about the meaning and importance of family.
15. Write or visit a newly-elected official to share basic information about policies that affect adoptive families.
16. Write a letter to your child's birth family (even if you cannot send it). Let your child contribute questions, sentiments, artwork, and photographs.
17. Take an annual family photo. Reflect as you compare it to previous photos and guess about what the coming year may bring.
18. Invite a fellow adoptive or foster family whom you don't know well to dinner. Consider getting to know a family whose adoption story is markedly different from your own (e.g., if you adopted from foster care, get to know an international adopter).

19. With permission from your child, visit his/her classroom to make a presentation about adoption.
20. Give a teenager in foster care a gift certificate for a hair cut, new shoes, night at the movies, or tickets to a sporting event.
21. Spend an hour surfing adoption sites on the Internet. Download useful information for your parent group or child's teacher.
22. Adopt a cat, dog, hamster, fish, or plant. Teach your children that living things need care and nurturing to help them grow.
23. With your child's help, make cards for extended family members, letting them know that during Adoption Month you celebrate their role in your family.
24. Buy holiday gifts for foster children who are waiting for an adoptive family.
25. Send a letter of appreciation to someone who has supported your family through or after the adoption process.
26. Ask your faith community leader to hold a special service in honor of children.
27. Host an adoption orientation at your home. Invite family and friends who would make good parents to listen to a presentation by agency staff.
28. Call a family who is waiting for an adoptive placement to let them know that you remember the challenge of waiting and are thinking of them.
29. Ask your agency if you can send holiday cards to foster children during December.
30. End Adoption Month by reflecting with your family on all that you've done to celebrate and making plans to continue your observances throughout the year.

Election Day, *the Tuesday after the first Monday of November*. Vote for candidates and ballot measures that help children and families. Ask others to do the same.

Veterans' Day, *November 11*. Ask a foster child or adoptee who is a veteran of the system to share ideas for change through a visit to lawmakers.

National Adoption Day, *typically the third Saturday of November*. Complete your child's adoption at a mass finalization ceremony or volunteer to inflate balloons, donate teddy bears, or supply refreshments at such an event.

Thanksgiving, *the fourth Thursday of November*. Give thanks for your family. At the dinner table, give each family member a turn to mention what they are most thankful for.

The day after Thanksgiving. On the busiest shopping day of the year, fundraise for your parent group or agency by wrapping gifts for donations at a mall. With each package, hand out adoption information.

Celebration—At Home

Although adoptees hear adoption messages—both good and bad—from the media, their school, and their friends, the most important source of adoption information is what they hear at home. Even the most diligent, open, and aware adoptive parents can neglect adoption as a topic of conversation amid the busy routine of day-to-day family life. **Adoption Month** is a great time to plan special ways and occasions to talk about adoption, culture, and family connections—and perhaps start habits that last year long.

Rituals

Meaningful celebrations are built on things that already have value to the family; they involve finding new ways to make the daily activities of family life important. Sometimes celebrations are spur-of-the-moment occurrences that get everyone involved and are remembered fondly for years. Other celebrations are planned and happen over and over again, becoming family rituals. Rituals can be anything from regularly attending worship services to always having waffles for the Saturday evening meal.

You can discover more about a person in an hour of play than in a year of conversation.

—Plato

When planning new rituals to celebrate with your family, ask yourself and your family members:

- ☞ What are the things that make our family unique?
- ☞ What values are important?
- ☞ What things do we already do to make each person feel connected?
- ☞ How do we have fun together as a family?
- ☞ How do we support one another in times of need?
- ☞ How do we show love, express feelings, and demonstrate respect for one another?

Adoption Month celebrations and year-round rituals can expressly involve discussing adoption, or they can just be planned times for togetherness. By seeing special moments to celebrate everyday (during November and beyond), children more meaningfully appreciate the joy of life. To start building new rituals:

- ☞ Find out how children's birth or foster families (or families from their country or culture of origin) celebrate holidays. Include some of the best ideas in your own celebration. If the child recalls negative traditions, create new, better memories.
- ☞ Each Adoption Month, repeat shared seasonal activities such as attending county, school, or state fairs; taking apple orchard or fall foliage outings; participating in a community harvest or powwow; or getting outdoors for a final fall camping trip or picnic.
- ☞ Set aside a day (in addition to the birthdays and anniversaries you already celebrate) that belongs to each member of the family. On this day, highlight that member with a picture on the table or photo album for all to see. Include a story time, during which everyone else tells a positive and enlightening story about that person. Make a badge or ribbon for the honored person to wear.

Breakfast, lunch, or dinner offer excellent opportunities for ritual building. At mealtimes, you not only have the chance to nourish bodies, but relationships, too. A sharing and respectful attitude toward this time together can build bridges of understanding and a sense of belonging to the family. You might:

- ☞ Set aside one day of the month as special meal day. Use the best dishes, choose and prepare a menu together, and dress up for the event. Candlelight can add to the mood.
- ☞ Encourage children who are new to your home to share some of their favorite foods or recipes.
- ☞ Serve a certain food at a regular time of the week—for example, pizza on Fridays or popcorn on Sunday nights—the association then becomes “pizza/popcorn time is sharing time.”

- ☞ As a family, gather and prepare the food for certain meals. For example, visit a farmer's market and have each family member choose a fresh vegetable. Then the family together makes a group salad or vegetable plate.
- ☞ Go around the table sharing, on different days, a thought for the day, a wish for someone else at the table, a favorite memory, a happening at school or work, a reaction to a current event, a joke, a dream, or a plan for the week.
- ☞ Have one-on-one mealtime on an occasional but scheduled basis. For example, dad takes one child out for breakfast early every Wednesday morning, or mom takes one child out for lunch every other Saturday.

Be patient and keep things simple. Try to build in just a few things that most people in the family are likely to feel comfortable with. You can add more later, including suggestions from the group.

Calendar

To more specifically celebrate adoption and Adoption Month, create a calendar of observances for the month and year. Select a project or goal for each day (or week) of the month, write those goals on a calendar, and complete the work as a family. Take note of other awareness months and special holidays during the year and schedule one or two projects for those times as well.

Cultural Appreciation

In honor of Adoption Month, you can also choose to celebrate your children and heighten their sense of confidence by making their culture come alive. Cultural celebrations also foster anti-bias sentiments in children. To promote cultural awareness and enhance

children's self-esteem:

- ☞ Create a home environment that reflects the child's racial background. Learn about cultural traditions, practices, and holidays. Help children understand and take pride in where they come from by putting up a map of their country or origin, displaying artwork from their culture, and providing them with books or videos about the country and language.
- ☞ Become familiar with your child's heritage. Learn more about traditions, achievements, or the style of dress within the culture. Make plans with your child to celebrate an upcoming holiday or attend a cultural festival.
- ☞ Talk positively about each child's physical characteristics and cultural heritage. Tell your child how beautiful he or she is, and share pictures of other beautiful people who have the same ethnic background. Tell stories about people from that ethnic group of whom you are especially proud.
- ☞ Find mentors or role models for your child. Children of color need to know other people who look like them and experience the strengths and richness of their heritage. Associating with others of the same cultural background helps children to develop a sense of belonging and pride.

Adapted from *Celebrations Family Style*, by Charles Numrich and Jan Hoppe, Professional Association of Treatment Homes (PATH), 1992; North American Council on Adoptable Children.

Adoption Courses and Content

Available at Ohio Child Welfare Training Program Regional Training Centers

Call Jan Wimer at 330-339-7791, Ext. 172, for dates of trainings

Providing the Right Training for the Right People at the Right Time!

Standardized Adoption Workshops—Workshops for adoptive parents are designed to provide education and support for adoptive families in the post-finalization phase of adoption. Participants who attend these workshops will become familiar with the normative issues of adoptive family living. In addition, they will be informed about expected developmental milestones in their relationships within the family and in the community.

When looking for training, the following will be topics to look for:

947-PA01-S 3 Hours	Changing Hats: Foster to Adopt	<ul style="list-style-type: none"> • Explores the benefits of foster parent adoption • Presents tools for foster parents to use in making a sound decision regarding permanency • Presents strategies to help a child cope with the transition from foster care to adoption
947-PA02-S 3 Hours	Adopting Your Foster Child After Reunification Fails	<ul style="list-style-type: none"> • Addresses barriers to rebuilding a family relationship • Explores what parents need to know about the returning child and strategies to regain their trust and love
948-PA03-S 3 Hours	Impact of Adoption on Birth Children in the Adoption Home	<ul style="list-style-type: none"> • Explores the impact of special needs adoption on birth children in the home • Presents strategies to assist adoptive parents in finding a balance in meeting the needs of all of the children in their family
948-PA04-S 3 Hours	After Adoption: Understanding the Lifelong Journey	<ul style="list-style-type: none"> • Presents the international award-winning documentary—First Person Plural • Provides an opportunity to walk through the adoptive experience with an adult adoptee, adoptive parents, birth parents, and birth siblings
948 Six 3-Hour Courses	Six Weeks of Support for Adoptive Parents	<ul style="list-style-type: none"> • Motivation and Expectations of Adoption (948-PA05-S) • Attachment (948-PA06-S) • Adoption Issues (948-PA07-S) • Who is Angry and How Do We Manage It? (948-PA08-S) • Birth Parents—Friends or Foes (948-PF09-S) • Offers both training and guided discussion on motivation and expectations of adoption, attachment, adoption issues, managing anger, birthparents, and finding support
948-PA11-S 3 Hours	Triggers: What Can Cause Adoption-Related Crisis	<ul style="list-style-type: none"> • Helps adoptive parents identify and prepare for common triggers of adoption-related distress • Assists parents in developing strategies for preventing or ameliorating crises that can “derail” children as they grow into healthy children
949-PA12-S 3 Hours	Keepin’ it in the Family: The Unique Issues of Kinship Care	<ul style="list-style-type: none"> • Helps participants learn to cope with the changes experiences as a result of caring for kin children • Encourages maintaining a healthy, safe relationship with the children’s birth parents and other family members • Highlights tips for successful and stress-free parenting

949-PA13-S 6 Hours	“Mom, Dad, I’m Searching” - The Impact of Search and Reunion on Family	<ul style="list-style-type: none"> • Helps parents understand the needs of young adults regarding adoption issues and their desire to search • Presents the stages of search and the emotional issues likely to surface • Identifies strategies for the family to support the young adult as they begin the search
949-PA14-S 6 Hours	Mystery History: Helping Your Foster/Adoptive Child Understand the Past	<ul style="list-style-type: none"> • Equips parents with the knowledge and tools they will need to communicate with their adopted child about their past • Addresses difficult questions regarding when and how to share information with their child • Teaches how to make sense of the past for adopted children for all ages
949-PA15-S 6 Hours	The Openness Puzzle: 3-2-1 Contact!	<ul style="list-style-type: none"> • Provides a brief overview of the reasons for openness in adoption • Examines many anxieties felt by adoptive parents in open adoption relationships and provides guidelines for use in decision-making about when openness is appropriate
949-PA16-S 3 Hours		<ul style="list-style-type: none"> • Explores strategies to determine the right level of openness
952-PA17-S 3 Hours	Play With A Purpose: Strategies to Enhance the Parent-Child Relationship	<ul style="list-style-type: none"> • Reviews the concepts of strong parent-child relationships in families formed by adoption • Presents three distinct approaches to relationship • Teaches ways for parents to strengthen attachment to their child
981-PA18-S 6 Hours	Successful Trans-Cultural Parenting: Dealing With the Dynamics of Difference	<ul style="list-style-type: none"> • Provides concrete tools to build cultural identity based on predictable developmental stages • Teaches how to enhance cultural connectedness, how to talk frankly with children and youth about cultural issues, and how to advocate for youth • Explores sibling and extended family issues
983-PA19-S 6 Hours	Diagnosis ADHD: What’s Next?	<ul style="list-style-type: none"> • Presents new ideas for how to advocate successfully for the ADHD child at school and preserve their self-esteem • Offers over 30 practical tips for how to complete tasks and keep friends • Provides numerous resources
983-PA20-S 3 Hours	Standing in the Gap: Becoming an Effective Advocate for Your Foster/Adoptive Child	<ul style="list-style-type: none"> • Focuses on strategies to enhance the adoptive parent’s ability to advocate effectively for appropriate educational services for their children • Explores the parent’s role in accessing special services for their children as well as the adoption subsidies to assist with paying for those services
987-PA21-S 3 Hours	Single Adoptive Parenting: Single but never Alone	<ul style="list-style-type: none"> • Explores the unique issues of single adoptive parenting in a way that is honest, thought-provoking, supportive, and creative • Encourages parents to identify their own needs, as well as their child’s • Helps to develop short- and long-term strategies to strengthen and support the adoptive family
987-PA22-S 6 Hours	Adoption and Healthy Adult Relationships (participants should attend with their spouses/partners)	<ul style="list-style-type: none"> • Offers a fresh look at the dynamics of adoption and adult relationships • Helps co-parents develop a plan to enhance their commitment to one another and to their adopted child(ren)
989-PA23-S 6 Hours	Building a Healthy Adoptive Family: Ten Factors of Success	<ul style="list-style-type: none"> • Builds awareness of the successful adoptive family life • Presents strategies, attitudes, and values that can help families enhance attachment and develop realistic expectations
994-PA24-S 3 Hours	What Family Tree? School Issues and the Adopted Child	<ul style="list-style-type: none"> • Teaches how and when to share information with their child’s teacher and other school personnel • Offers suggestions for how to talk with their child about how and when to share their story with peers • Helps parents to identify behaviors/situations that may require special help and alternative strategies for challenging assignments

Training You May Want to Sign up for

JEFFERSON COUNTY

Summer - Fall 2011

Jefferson County DJFS, Children Services Section, 240 John Scott Memorial Highway, Steubenville, OH 43952

To register, contact your licensing agency's foster care specialist. For Jefferson County DJFS foster parents, contact Joan Dohnal at 740.264.5515 or 888.215.2272.

**Don't Talk...Don't Trust...Don't Feel:
Growing Up with an Addicted Parent**

Presenter: Brian Lowery, M.P.A., L.S.W.

Monday, November 7 - 6:00 p.m. to 9:00 p.m.

Topic Area: 988

Learning Description: This class will give trainees an understanding of the dynamics of growing up in a home where one of the primary caregivers is abusing substances or is addicted. Participants will examine the roles children take on to meet their needs and bring balance to their family and how those roles may transfer into the foster home. Foster caregivers will be armed with tools and strategies to support these children during out-of-home placement and upon return.

**After Adoption:
Understanding the Lifelong Journey**

Presenter: Michele Santin, M.A., P.C.C., L.S.W.

Tuesday, December 6 - 6:00 p.m. to 9:00 p.m.

Post-Finalization Training: 948-PA04-S

Topic Area: 948

Learning Description: Adoption is not an event in the life of the adopted person, adopted family, and birth parent. It is a lifelong process. This three-hour interactive workshop is about the journey of adoption as seen through the eyes of those who have been touched by the process. Highlighting this workshop will be the presentation of the international award-winning documentary – *First Person Plural*. Participants will have an opportunity to walk through the adoptive experience with an adult adoptee, adoptive parents, birth parents, and birth siblings. The film is a life-changing experience.



Training Opportunity!

REGISTRATION FORM

21st ANNUAL CONFERENCE ON PROMOTING HEALTH ATTACHMENTS

NOVEMBER 21-22, 2011

WILSON LODGE, OGLEBAY RESORT and CONVENTION CENTER

WHEELING, WEST VIRGINIA

Name	
Address	
City/State/Zip	
Phone	
E-Mail	

Enter an X in the box in left column below for sessions you will attend.

"X"	Session	Rate
	CONFERENCE DISCOUNTED RATES: Choose PKG. A, B, C, OR D from Page 2 of Brochure, insert amount, and check appropriate boxes below.	Enter amount
	Thomas Joiner, Ph.D. – <i>Why People Die by Suicide</i> (Mon., Nov. 21, 8:30 AM - 3:00 PM) (5 CE Hours)	\$ 60.00
	Lisa Hinkelman, Ph.D. – <i>Using Evidence Based Strategies to Empower Girls</i> (Mon., Nov. 21, 3:30 – 6:45 PM) (3 CE Hours) – OR --	\$ 30.00
	Meghan E. Shaver, MSW, LSW – <i>Alternatives for Families: A Cognitive Behavior Therapy Outline</i> (Mon., Nov. 21, 3:30-6:45 PM) (3 CE Hours)	\$ 30.00
	Holiday Buffet Dinner with Guest Speaker Gregory C. Keck, Ph.D. - <i>Unique Issues of Adoptive Families</i> (Mon., Nov. 21, 7:00-9 00 PM) (1 CE Hour)	\$ 39.00
	Lisa Hinkelman, Ph.D. – <i>Bullying, Relational Aggression, and Cyberbullying: An Overview for Helping Professionals</i> (Tue., Nov. 22, 8:30 AM–4:00 PM) (6 CE Hours) – OR	\$ 60.00
	Gregory C. Keck, Ph.D., LISW – <i>The Impact of Trauma on Human Development</i> (Tue., Nov. 22, 8:30 AM–4:00 PM) (6 CE Hours)	\$ 60.00
	PA CEs Only: Add \$10/Day CE Fee	\$10 or \$20
	Festival of Lights Trolley Ride (Mon., Nov. 21)	\$ 5.00
	ENTER TOTAL REGISTRATION FEES	

Mail copy of registration form with check or money order to:

Michele Santin, Director

Office of Family & Social Concerns (Catholic Charities), Diocese of Steubenville

P. O. Box 969, Steubenville, OH 43952

21st Annual Conference on Promoting Healthy Attachments November 21 and 22, 2011 Registration Form

(Early registration is encouraged as seating is limited.)

Please submit a SEPARATE registration form for each person attending.

Name: _____
 Address: _____
 City, State, Zip Code: _____
 E-Mail Address: _____
 Telephone: _____

Registration fees must accompany form. Payment options: Check or Money Order (No cash or credit card)

REGISTRATION DEADLINE: NOVEMBER 11, 2011
 Payment payable to fiscal agent: Jefferson County Department of Job & Family Services
 Send Payment and Registration Form to: Office of Family & Social Concerns (Catholic Charities)
 P. O. Box 969, Steubenville, Ohio 43952

Visit Our Web Site: www.dioceseofstcatholicweb.com

Please check which trainings/activities you plan to attend:

Monday, November 21, 2011: 8:30 AM to 3:00 PM (Registration begins at 7:45 AM)

Why People Die by Suicide (Thomas Joiner, Ph.D.) (3 CE hours)

Monday, November 21, 2011: 3:30 PM to 6:45 PM (Registration begins at 2:45 PM)

Using Evidence Based Strategies to Empower Girls (Lisa Hinkelman, Ph.D.) (3 CE hours)

OR

Alternatives for Families: A Cognitive Behavior Therapy Outline (Meghan Shaver, MSW, LSW) (3 CE hours)

Monday, November 21, 2011: Dinner Session 7:00 PM to 9:00 PM (Holiday Buffet Dinner/Training)

Unique Issues of Adoptive Families: (Gregory C. Keck, Ph.D.) (1 CE hour)

Tuesday, November 22, 2011: 8:30 AM to 4:00 PM (Registration begins at 7:45 AM)

Bullying, Relational Aggression, and Cyberbullying (Lisa Hinkelman, Ph.D.) (6 CE hours)

OR

The Impact of Trauma on Human Development (Gregory C. Keck, Ph.D.) (6 CE hours)

FEES: (includes coffee, tea, and lunch for daytime sessions)

Conference Discount Rates: Choose Pkg. A, B, C, or D from Page 2 of this Brochure, check appropriate boxes above, insert amount in last column to the right)

		Insert Appropriate Amounts Below
Monday, November 21	Daytime session (5 CE hours)	\$
Monday, November 21	Afternoon Session (3 CE hours per session)	\$
Monday, November 21	Holiday Buffet Dinner/Training (1 CE hour)	\$
Monday, November 21	Festival of Lights Trolley Ride (9:00-9:45 PM)	\$
Tuesday, November 22	Daytime Sessions (6 CE hours per session)	\$
PA CE's Only	Add \$10.00 for each day of attendance for CE fee	\$
TOTAL ENCLOSED		\$

This training is being coordinated by Project Attach in conjunction with The Diocese of Steubenville, Office of Family and Social Concerns (Catholic Charities)
 Michele Santin, MA, PCC, LSW Director
 Contact information: msantin@dioceseofstcatholicweb.com Telephone: (740) 282-3651 Ext. 122 Fax: (740) 282-3327

Experiencing Oglebay

Lodging (ADA compliant and a smoke-free facility)

Wilson Lodge is located on the grounds of Oglebay Resort and Convention Center in Wheeling, West Virginia. Oglebay is a 1,500 acre year-round resort featuring a multitude of recreational facilities, excellent overnight accommodations and unparalleled natural beauty. The training will be held during Oglebay's extraordinary Winter Festival of Lights, America's largest light show with a million lights. There are also seven specialty shops scattered throughout Oglebay, all featuring unique gifts, wearables and collectibles. Also offered during winter months is an indoor swimming pool, a fitness center and depending on the weather, downhill and cross-country skiing, the Mansion Museum, Schrader Environmental Education Center, horse stables, and Schenk Lake. Oglebay is located on State Route 88, accessible from Interstate 70. Signs for the park are posted along all major routes, and signs for Wilson Lodge are located within the park. Go to www.oglebay-resort.com for more information. A limited number of rooms at Wilson Lodge have been reserved for Sun, Nov. 20, and Mon., Nov. 21, at discounted rates beginning @ \$105.00 plus tax.
 Call (304) 243-4090 or 800-624-6908.

Please identify yourself with this conference to receive the discounted rate.

Conference Sponsors

We gratefully acknowledge our sponsors:

- A Child's Place CASA
- Belmont County Dept. of Job & Family Services
- Catholic Charities West Virginia
- Center for Child and Family Development
- Children's Home Society of West Virginia
- Diocese of Steubenville, Office of Family & Social Concerns (Catholic Charities)
- Domino's Pizzas, Wheeling, WV
- East Central Ohio Regional Training Center
- Every Child, Inc.
- Family Service Association
- Flint, Denise, PCC
- Fox Run Center
- Guernsey County Children Services Board
- Harrison County Dept. of Job & Family Services
- House of Samuel, Inc.
- Jefferson Behavioral Health System
- Jefferson County Dept. of Job & Family Services
- Children Services Division (fiscal agent)
- Jefferson County Prevention & Recovery Board
- Kid-Link
- Ohio Suicide Prevention Foundation
- Project Attach
- Southwood Psychiatric Hospital
- Taylor, Penny, LISW
- Teoli, Robin, Ph.D., LMFT, LPC
- Three Rivers Adoption Council
- Trinity Behavioral Health/Trinity Health System
- Tuscarawas County Dept. of Job & Family Services
- University of Pittsburgh, School of Social Work

21st Annual Conference on Promoting Healthy Attachments

Monday, November 21, 2011

8:30 AM to 3:00 PM

Thomas Joiner, Ph.D.
 "Why People Die by Suicide"

3:30 PM to 6:45 PM

Lisa Hinkelman, Ph.D.
 "Using Evidence Based Strategies to Empower Girls"

OR

Meghan E. Shaver, MSW, LSW
 "Alternatives for Families: A Cognitive Behavior Therapy Outline"

7:00 PM to 9:00 PM

Holiday Buffet Dinner with guest speaker
 Gregory C. Keck, Ph.D., LISW
 "Unique Issues of Adoptive Families"

Tuesday, November 22, 2011

8:30 AM to 4:00 PM

Lisa Hinkelman, Ph.D.
 "Bullying, Relational Aggression, and Cyberbullying: An Overview for Helping Professionals"

OR

Gregory C. Keck, Ph.D., LISW
 "The Impact of Trauma on Human Development"

Up to 15 Social Work and Counselor CE hours available (OH, PA, WV)

Wilson Lodge

Oglebay Resort and Convention Center
 465 Lodge Drive
 Wheeling, West Virginia 26003

Thomas Joiner, Ph. D.

Thomas Joiner attended college at Princeton and received his Ph.D. in Clinical Psychology from the University of Texas at Austin. He is the Robert O. Lawson Distinguished Professor in the Department of Psychology at Florida State University, Tallahassee, Florida. Dr. Joiner's work is on the psychology, neurobiology, and treatment of suicidal behavior and related conditions. Author of over 430 peer-reviewed publications, Dr. Joiner was recently awarded the Guggenheim Fellowship and the Rockefeller Foundation's Belegno Residency Fellowship. He received the Young Investigator Award from the National Alliance for Research on Schizophrenia and Depression, the Shaw Award for Early Career Achievement from the Division of Clinical Psychology of the American Psychological Association, the Shredman Award for excellence in suicide research from the American Association of Suicidology, and the Award for Distinguished Scientific Early Career Contributions from the American Psychological Association, as well as research grants from the National Institute of Mental Health, Department of Defense, and various foundations. He has authored or edited seven books, including *Why People Die by Suicide*, published in 2009 by Harvard University Press and *Myths About Suicide* published in 2010, also by Harvard University Press. The book, *Lovely or Not*, will be published by MacMillan in 2011. He is the Director of the Department of Defense (DoD) funded Military Suicide Research Consortium, a \$17 million project. He also has made numerous radio, print, and television appearances, including write-ups in the *Wall Street Journal* and *The Times of London*, a radio interview on NPR's *Talk of the Nation* and two appearances on the Dr. Phil Show.

Monday, November 21, 2011

"Why People Die by Suicide"

8:30 AM to 10:00 PM (1.5 CE Hours)
 In his new theory of suicidal behavior, Dr. Joiner proposes three factors that mark those most at risk of death: The feeling of being a burden on loved ones; the sense of isolation; and, perhaps chillingly, the learned ability to hurt oneself. He tests the theory against diverse facts taken from clinical anecdotes, history, literature, popular culture, anthropology, epidemiology, genetics, and neurobiology—facts about suicide rates among men and women; white and African-American men; amercians, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis. Learning objectives: 1) Review basic facts about epidemiology and risk factors for death by suicide. 2) Learn about a new theory of suicidal behavior. 3) Learn about anecdotal, clinical, and scientific evidence that evaluates this new theory. 4) Learn about approaches to suicide risk assessment. 5) Learn about developments in the treatment of suicidal behavior. 6) Learn about developments in suicide prevention. 7) Understand the experience of people who are betrayed by suicide.

Continuing Education (CE)

Up to 15 total hours available for the following licensures: OH, WV, PA, Social Workers; OH, WV Counselors; and PA LPC and LMFT. One (1) CE hour for evening dinner training is available only if attending another training session. Approval of:
 • Ohio approval of Counselor and Social Worker hours (RCS 090601) are provided by Jefferson Behavioral Health System, an approved provider of the State of Ohio Counselor and Social Worker and Marriage and Family Therapist Board. The number of hours is based on the number of minutes of actual presentation. Registration and breaks do not count.
 • CE's for WV counselors and social workers are provided through the co-sponsorship of the Children's Home Society of WV.
 • WV Board of Examiners in Counseling - Provider No. WMBEC 503. WV Board of Social Work Examiners, Provider No. 480030.
 • PA LSW/LCSW, LPC, and LMFT: This program is offered for 15 hours of social work continuing education through co-sponsorship of the Univ. of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC, and LMFT biennial license renewal. For information on social work continuing education, call (412) 624-3711.
 • Belmont County, Ohio: Each full day of training and the Monday afternoon training are approved for Belmont County GALs for three (3) hours of continuing education satisfying the Superintendent Rule 48 (Guardians ad Litem).

Lisa Hinkelman, Ph. D., LPC

Dr. Lisa Hinkelman is the Founder and Director of Ruling Our Experiences, an evidence-based empowerment program for girls that focuses on equipping girls with skills to effectively negotiate the challenges of adolescence. Started in 2006 in Columbus, Ohio, ROE has grown to a regionally operated program with hundreds of participants in urban, suburban, and rural schools. Hinkelman has spent years working with girls, parents, and educators in both educational and counseling settings and has been aggressively researching the experiences of diverse girls for the past five years. Dr. Hinkelman is a graduate of Chatham College in Pittsburgh, Pa., where she earned her degrees in Psychology and Education. She earned her M.A. and Ph.D. in Counselor Education from The Ohio State University. Dr. Hinkelman completed training in mental health counseling and school counseling and currently serves on the Counselor Education faculty at The Ohio State University. She has authored numerous publications, book chapters, articles, and educational curricula on topics including: self-esteem development, motivational interviewing, sexual violence prevention, career exploration, and study skills.

Monday, November 21, 2011

"Using Evidence-Based Strategies to Empower Girls"

3:30 PM to 6:45 PM (3 CE Hours)
 Empowering girls requires more than telling girls that they are smart and beautiful, rather it means giving girls the opportunity to learn new skills and experience themselves successful in various domains. With the multiple pressures that girls experience during adolescence, it is imperative that interventions address the gender-based constraints society places on girls and provides the opportunity for girls to try out new skills and behaviors in a safe and supportive environment.

Tuesday, November 22, 2011

"Bullying, Relational Aggression, and Cyberbullying: An Overview for Helping Professionals"

8:30 AM to 4:00 PM (6 CE Hours)
 Bullying among children and teens has intensified over the last several years, in part due to the increased accessibility to social media and instantaneous communication. With more students than ever before reporting feeling unsafe at school, educators and helping professionals have a responsibility to protect children by equipping them with the skills to negotiate potentially threatening situations. First an understanding of the factors that contribute to various types of bullying will be discussed, followed by an overview of girl bullying (relational aggression), and finally, the intricacies of cyberbullying will ensue. Strategies for working with the bully, the bullied, and the bystander will be discussed.

Meghan E. Shaver, MSW, LSW

Meghan E. Shaver is a Psychiatric Social Worker at Western Psychiatric Institute and Clinic within the University of Pittsburgh Medical Center. Ms. Shaver's career interests have been predominantly focused in the field of child maltreatment. She has worked as a Child Protective Services caseworker in Charleston, South Carolina, and a Trauma Bereavement Social Worker as well as a forensic interviewer at Children's Hospital of Pittsburgh. Ms. Shaver developed the Family TIES Program at Children's Hospital of Pittsburgh's Child Advocacy Center and provided behavioral therapeutic treatment to families with identified physical abuse. Ms. Shaver is currently a national and international senior trainer for the Evidence-Based Treatment model *Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT)*. She is a Behavioral Therapist with families where child physical abuse, high parent/child conflict, and/or child fire setting behaviors have been identified, and she is a Community Liaison for a national institute of Mental Health funded grant that is investigating the effectiveness of AF-CBT when implemented by community based organizations to treat children that have been physically abused.

Monday, November 21, 2011

"Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT) Outline"

3:30 PM to 6:45 PM (3 CE Hours)
 Training will focus on development of skills to implement Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT) in community care. AF-CBT is an evidence based treatment for school-age children and their caregivers who have experienced (and perpetrated) conflict, harsh discipline, and child physical abuse, which has been endorsed by national expert panels as a "Best Practice" (Nauflman Foundation, 2004; Saunders, Berliner, & Hanson, 2003) and is actively being disseminated through the National Child Traumatic Stress Network. This workshop will review the characteristics of abusive/aggressive families as well as the outcome research related to the treatment of child physical abuse. Next, the three-phase conceptual model of AF-CBT will be described in detail. Illustrations of the methods that define from the model will be provided to highlight key family processes that underlie the use of coercion and hostility (e.g., relationships, reframing, rules and roles, family routines), and family treatment methods (e.g., problem-solving). Specific clinical activities and recommendations will be provided to enhance the use of office and community-based intervention strategies. Training will focus on actively engaging participants in lectures, discussions, and exercises to increase their therapeutic repertoire.

Gregory C. Neck, Ph.D., LISW

Dr. Neck is an internationally known clinician, lecturer and author in attachment. He is the founder and director of the Attachment and Bonding Center of Ohio, which treats children and adolescents who have experienced developmental interruptions. The Center treats individuals and families who are experiencing problems in the areas of adoption and strives to support the adoptive family. Dr. Neck specializes in working with adoptive families whose children experienced early trauma. Dr. Neck is certified as a Diplomate and Fellow by the American Board of Medical Psychotherapy. He has taught at Case Western Reserve University's Maxwell School of Applied Social Sciences and Northeastern Ohio University's College of Medicine. He is involved in training regarding attachment disorders, both nationally and internationally. An adoptive parent, he is co-author of *Adopting the Hurt Child: Hope for Families with Special Needs Children* (2009) and *Parenting the Hurt Child: Helping Adoptive Families Heal and Grow* (2009), plus author of *Parenting Adopted Adolescents: Understanding and Appreciating Their Journey*.

Monday, November 21, 2011

Holiday Buffet Dinner at 7:00 PM

Guest Speaker: Dr. Gregory C. Neck

"Unique Issues of Adoptive Families"

7:00 PM to 9:00 PM (1 CE Hour)
 Internationally known clinician, lecturer and author will identify specific issues that are relevant to adoptive parents and will help families deal with the separation and individuation processes that occur in adolescence. Learning Objectives: 1) Identify specific issues that are relevant to parents of adopted adolescents. 2) Help families deal with the separation and individuation processes that occur in adolescence.

Festival of Lights Trolley Ride at 9:00 PM

Tuesday, November 22, 2011

"The Impact of Trauma on Human Development"

8:30 AM to 4:00 PM (6 CE Hours)
 This workshop will examine how early trauma leads to a variety of difficulties which begin in childhood and may continue throughout adulthood. Some of the issues that will be included in the discussion are: attachment related problems, ongoing trauma responses, emotional deregulation, and possibly intergenerational child maltreatment. There will be a balanced presentation of theory and practice related issues. Particular emphasis will be placed on children and adolescents. Learning objectives: 1) Explain the connection between early childhood trauma and developmental interruptions. 2) Help families who live with traumatized children deal with the behavioral results of trauma. 3) Identify behavioral responses to trauma.

SPECIAL PACKAGES FOR DISCOUNTED RATES

PKG. A: Mon., Nov. 21:
 Day Training (8:30 AM-3:00 PM) and
 Afternoon Training (3:30 – 6:45 PM)
 TOTAL FEES (after \$15 discount) \$75.00

PKG. B: Mon., Nov. 21, and Tue., Nov. 22:
 Day Training (Mon., Nov. 21, 8:30 AM-3:00 PM
 and Tue., Nov. 22, 8:30 AM-4:00 PM) (Both Days)
 TOTAL FEES (after \$22 discount) \$98.00

PKG. C: Mon., Nov. 21, and Tue., Nov. 22:
 Late Afternoon Training (Mon., Nov. 21, 3:30-6:45 PM
 and Day Training, Tue., Nov. 22, 8:30 AM-4:00 PM)
 TOTAL FEES (after \$15 discount) \$75.00

PKG. D: Mon., Nov. 21, and Tue., Nov. 22:
 Mon., Nov. 21, Day Training (8:30 AM-3:00 PM), and
 Afternoon Training (3:30-6:45 PM) and
 Tue., Nov. 22, Day Training (8:30 AM-4:00 PM)
 TOTAL FEES (after \$40 discount) \$110.00

R Recipes are Needed . . .

E

Veronica Spidell, TCJFS Children Services Department Head, is collecting recipes to develop and sell a Blue Ribbon Cookbook to benefit Tuscarawas County foster children. Each person may submit up to 5 recipes. Please submit all recipes to Veronica Spidell, Tuscarawas County Job & Family Services, 389 16th Street, SW, New Philadelphia, Ohio 44663, by Friday, November 5.

C

Below is a form that can be used with instructions. Veronica will also accept recipes without the form as long as she can read them, and she will put them on the prescribed form.

Thank you for your support!



RECIPE COLLECTION SHEET

For office use only	Recipe No.
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Category _____

Recipe Title _____

Submitted By _____

INGREDIENTS: Use abbreviations: pt. qt. pkg. enr. c. ctn. tsp. T. oz. lb. gal. doz. sm. med. lg.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

DIRECTIONS: _____

INSTRUCTIONS

- Print **NEATLY IN INK, NOT PENCIL**, and place only **ONE RECIPE** per form.
- If more room is needed, use another sheet of the same size and staple together.
- Please **WRITE LEGIBLY**, as this will greatly reduce errors.
- List all ingredients in order of use in ingredients list and directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Keep directions in paragraph form – not in steps.
- Use names of ingredients in the directions, e.g., "Combine flour and sugar." **DO NOT** use statements like, "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Be consistent with the spelling of your name for each recipe you contribute.
- Any special recipe notes (anything other than ingredients, directions, contributor name, serving size, or recipe title) should be kept as a separate comment on the bottom of this form, as they may not be included unless we pay extra for it.
- Your recipes should fit into the following categories:

Appetizers & Beverages
Soups & Salads
Vegetables & Side Dishes
Main Dishes

Breads & Rolls
Desserts
Cookies & Candy
This & That

Dear Friend,

Our organization is preparing a taste-tempting custom cookbook featuring favorite recipes from our members. These cookbooks will be professionally published and contain special pages of interest, a table of contents, an index, helpful cooking hints, and recipe category dividers. It is sure to be treasured for years to come.

Please submit 3–5 of your favorite recipes so you can be represented in our group's cookbook. Follow the instructions above. Your name will be printed with each of your recipes. Your help in contributing recipes will ensure that our cookbook will be a big success.

We anticipate a great demand for our cookbooks, and we want to be certain to order enough. You can reserve one or more for yourself and your family at this time to be assured of receiving them.

Please reserve _____ cookbook(s) for me.

Name _____

P.S. Please submit your recipes to the committee within 5 days so we can meet our deadline. Thank you!