

Monday, November 23, 2015

8:15 - 11:30 AM

Wayne Duehn, MSW, PhD, LCSW, is professor emeritus of social work at the University of Texas Arlington and is currently engaged in clinical research on sexually abusive parents and juvenile sex offenders. Dr. Duehn conducts training for social service/mental health agencies throughout the United States and is an authority and educator in the intervention and treatment of sexually abusive families.

"Creating Sexual Safety - A Prerequisite for Healing"

Dr. Duehn will review data relevant to identification of children who have experienced the trauma of sexual abuse and its traumagenic effects. A healing milieu within the family to minimize the negative impact of past sexual abuse will be discussed as well as how to develop a comfort level in discussing sexual abuse and normal sexuality issues with the child, the foster/adoptive family, and mental health / social service providers.

Deborah Mucha, PhD, is a post-doctoral level psychologist with skills in the areas of assessment, trauma-specific techniques, forensics, and psychological intervention. Dr. Mucha is Executive Director, Intensive Trauma Therapy, Inc., in Morgantown, WV.

"Psychological First Aid: Making Sense of What You are Seeing and Learning What to do with It"

During this session, participants will gain a general understanding of trauma and its relationship to behaviors; learn how to conceptualize and trace response behaviors to the trauma roots; understand the origin of the behavior and how said behavior fuels reactions in the individual's environment. Implementing simple grounding techniques to stabilize an individual; help get them out of the triggered state, and how to respond and deescalate the presenting crisis situation will be discussed.

12:30 - 3:45 PM

Wayne Duehn, PhD, will present with Kelly Ryan Schmidt, LCSW, and Meghan Nagle, MSW. Ms. Schmidt is Post Permanency Supervisor at Three Rivers Adoption Council, and Ms. Nagle is a Post Permanency Family Therapist who specializes in early childhood trauma, attachment, and trauma and the brain and family systems also at Three Rivers Adoption Council, in Pittsburgh, PA.

"Hurt Kids, Healing Parents"

Wayne Duehn, Kelly Ryan Schmidt, and Meghan Nagle will discuss the latest research and techniques in assessing, treating, and parenting children impacted by trauma. The training will address the neurological, developmental, and biological difference of individuals who have experienced trauma and how parents and professionals can assist these children in their healing.

Monday, November 23, 2015

12:30 - 3:45 PM

Kristen Johnson-Gibeau, MA, NCC, LPC, CTT, earned her Master of Arts in Counseling at West Virginia University. She is currently Clinical Team Leader and Trauma Therapist at Intensive Trauma Therapy, Inc., Morgantown, WV.

"The Impact of Adverse Childhood Experiences: A Look at the ACE Study"

Ms. Johnson-Gibeau will present a brief history of the ACE Study. Participants will learn how to implement the questionnaire and gain an understanding of the importance of recognizing adverse childhood experiences and the impact these events can have on the individual throughout their life.

25th Anniversary Celebration

Buffet Dinner

Beginning at 4:45 PM

Denise Goodman, PhD, earned her Doctorate in Social Work from The Ohio State University. She is a renowned consultant and trainer with more than three decades of experience in the child welfare field, presenting workshops throughout the United States and Canada.

5:15 - 8:30 PM

"Parenting from the Trenches"

See your kids in a whole new light! This workshop offers a toolbox of strategies for parenting children and teens. Topics include developing trust and attachment while helping children learn to manage their own behaviors, build self-esteem, and maintain sanity. Special attention will be given to the unique world of teens.

Tuesday, November 24, 2015

8:15 - 11:30 AM

Debi Grebenik, PhD, began her quest to understand trauma through events in her personal life combined with her frustration that children with abuse histories were not getting better. Dr. Grebenik of the Trauma Training Institute in Colorado Springs, CO, is a Licensed Clinical Social Worker and works at a child placement agency.

"Keys to Understanding the Role of Trauma on the Brain, Bonds, and Behavior"

Dr. Grebenik will present concepts related to understanding trauma's impact on children and youth. The role of sensory processing will be discussed in an experiential manner. The neurological effects of early trauma will be presented with the importance of understanding emotional regulation. The importance of brain integration will be discussed.

Tuesday, November 24, 2015

8:15 - 11:30 AM

Liz Winter, PhD, LSW, earned her Doctorate in Social Work, from the University of Pittsburgh where she is a clinical assistant professor in the MSW program and the Academic Coordinator of the school's Child Welfare Education for Leadership Program.

"Self Care for Workers and Caregivers"

During the course of their work and caring, child welfare workers, human services and medical workers, lawyers, and foster families are exposed to stressors, including primary and/or secondary traumatic stressors. Dr. Winter will review the risks for suffering from the effects of stressors and traumatic stressors for frontline workers and resource families, supervisors and managers. What can be traumatic, who is at risk, what warning signs to look out for, and what responses are helpful in work and at home will be discussed.

12:30 - 2:00 PM

"The Intersection of Traumatic Stress and Substance Abuse"

Dr. Winter will present how Post-traumatic Stress Disorder (PTSD) and Substance each involve suffering of the individual and everyone closely connected to them. Aspects of these disorders will be reviewed and how they intersect with and complicate the course and duration of each. The "Five Clocks" will be identified which relate to parents with these disorders, their children, and the service systems they may be involved in.

"Moving Forward After Trauma: Helping Individuals and Families Grow and Heal"

Dr. Grebenik will identify the impact of trauma on relationships, communication, and self-awareness. With this information in mind, strategies to work with children with trauma histories will be discussed and explored. Theoretical perspectives will provide the framework for the discussion followed by specific tools.

CLOSING KEYNOTE SPEAKER – VIA SKYPE

Daniel J. Siegel, MD, received his Medical Degree from Harvard University and is a clinical professor of psychiatry at the UCLA School of Medicine. He is an award winning educator and author. His latest book with Tina Payne Bryson, PhD, is the New York Times bestseller *No-Drama Discipline: The Whole Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind* (Bantam, 2014). He has a unique ability to make complicated scientific concepts exciting.

2:15 - 3:45 PM

"The Mindsight and Healing Trauma"

Dr. Siegel will introduce interpersonal neurobiology as an interdisciplinary approach used to explain the importance of close relationships on the development and function of a child's growing brain. When adults see the internal world of themselves and of the children they care for -- when they use mindsight -- children thrive. Caregivers and parents will gain a practical understanding of how mind, brain, and relationships interact to shape how we become who we are throughout a lifetime.

In case of an emergency, the Conference reserves the right to substitute another presenter.

25th Anniversary Conference on Promoting Healthy Attachments Featuring Experts In the Field of Child Welfare

Monday, November 23, 2015

"Creating Sexual Safety - A Prerequisite for Healing"

Wayne Duehn, MSW, PhD, LCSW -- **OR** --

"Psychological First-Aid: Making Sense of What You Are Seeing and Learning What to do With It"

Deborah Mucha, PsyD

"Hurt Kids, Healing Parents"

Wayne Duehn, PhD, Emeritus
Kelly Ryan Schmidt, LCSW, and
Meghan Nagle, MSW -- **OR** --

"The Impact of Adverse Childhood Experiences"

Kristen Johnson-Gibeau, MA, NCC, LPC, CTT

25th Anniversary Celebration and
Learning Session

"Parenting from the Trenches"

Denise Goodman, PhD

Tuesday, November 24, 2015

"Keys to Understanding the Role of Trauma on the Brain, Bonds, and Behavior"

Debi Grebenik, PhD -- **OR** --

"Self Care for Workers and Caregivers"

Liz Winter, PhD, LSW

"The Intersection of Traumatic Stress and Substance Abuse"

Liz Winter, PhD, LSW -- **OR** --

"Moving Forward After Trauma: Helping Individuals and Families Grow and Heal"

Debi Grebenik, PhD

CLOSING KEYNOTE SPEAKER - VIA SKYPE

"Mindsight and Healing Trauma"

Daniel J. Siegel, MD

Wilson Lodge

Oglebay Resort and Convention Center
465 Lodge Drive, Wheeling, West Virginia 26003

LODGING at Wilson Lodge is ADA compliant and a smoke-free facility. Please contact Oglebay Resort & Convention Center for reservations for Sun., Nov. 22, and Mon., Nov. 23, at a discounted rate of \$105 plus tax. A limited number of rooms have been reserved. Call 304-243-4090 or 800-624-6988. Please identify yourself with this conference to receive the discounted rate.