

Monday, November 21, 2016

8:15 AM – 3:30 PM

Laura van Dernoot Lipsky, MSW, is Founder and Director of The Trauma Stewardship Institute, Seattle, Washington, and author of *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others* (2007). The book immediately was nominated for and received international award recognition and went on to become a best seller. In the 2010 revision of her book, she prioritized pitching a wider tent to assure the book as relevant for the countless caregivers in homes and communities, as well as increasing the relevance for those doing frontline work in environmental and conservation movements around the world. Today the book's concepts continue to evolve under the rubric of *The Trauma Stewardship Institute*, which Laura established in 2011.

A decade into her career, Laura experienced what can best be described as a near-psychotic break, which she came to realize was the result of years of witnessing and being intimately involved in trauma while lacking insight into how to sustain herself amidst such conditions. As a part of her attempt to come back from the brink, she began a journey of inquiry into the lasting effects on both individuals and communities of exposure to the suffering, hardship, crisis, or trauma endured by humans, other living beings, or the planet itself. Widely recognized as a pioneer in the field of trauma exposure, Laura van Dernoot Lipsky has worked locally, nationally, and internationally for more than three decades.

"Transforming Trauma - How To Do This Work and Not Completely Lose Our Minds"

The learning objectives of this session are: 1) raising awareness and responding to the cumulative toll on those who are exposed to the suffering, hardship, cries, or trauma of humans, other living beings, or the planet itself; and 2) to help others develop a deeper understanding of trauma exposure and the tools for reconciling this, so folks can do their work sustainably, and 3) teach people in a broad base of fields how to create a sustainable individual and collective culture.

Buffet Dinner 4:00 PM - 5:00 PM

Learning Session 5:15 PM - 8:30 PM

"Am I OK Now? One Adoptee's Personal and Professional Recipe for Healing the Adoption Trauma"

Presented by Dr. Ken Huey

See full biography at the top of next column.

Adoption is a very survivable trauma. Frequently the adoption trauma is compounded by pre-adoption trauma of neglect and other abuse. This trauma in the developmental attachment window damages the brain. Typically, treatment for this damage has been behavioral or cognitive-behavioral in focus. This is misguided. This presentation will touch on the latest in brain research and early childhood trauma to lay a groundwork for correct treatment of adoptees with a trauma history. Neurofeedback, EMDR, Transferable Attachment, Sensory Integration, and relational focus will be addressed as treatment modalities that show efficacy with such trauma issues. The presenter's own adoption history will inform the discussion.

Tuesday, November 22, 2016

8:15 AM – 3:30 PM

Ken Huey, PhD, has been working with troubled youth since 1994. He started his career in the helping professions as a therapist in community mental health. He then spent time in a private practice where he did custody evaluations and provided expert witness testimony for courts in Indiana.

Upon graduating from Purdue with his Ph.D., Dr. Huey worked as a therapist, clinical director, and business development director in residential treatment. This changed the course of his career. Being adopted himself, Dr. Huey was always drawn to the large population of other adoptees in residential treatment. He ultimately became convinced that this population needed specialty care and in November 2006, Dr. Huey founded Calo, which grew to a 200 plus employee organization with the same numbers of teen clients served each year. He sold Calo and retired in June 2015. Dr. Huey now presents at conferences around the country on issues of trauma, parenting, couples communication, and residential care. He served on the boards of the Attachment and Trauma Network (ATN), the National Association of Therapeutic Schools and Programs (NATSAP), and the Association for Treatment of Trauma in the Attachment of Children (ATTACH).

"Trauma and its Impact on Sexual Behavior, Identity, and Sexual Addiction Recovery"

Early childhood trauma negatively impacts many aspects of a person's life. When those traumas include sexual abuse, sexual dysfunction and inappropriate behavior is likely a result. This presentation will look at sexual trauma, its impact on sexual behavior, including pornography and often attendant sexually compulsive/addictive behavior. Implications for treatment and specific treatment interventions will be presented.

**We gratefully acknowledge our
Conference Sponsors**

- A Caring Place Child Advocacy Center
- Alice C. Tyler Village of Childhelp
- Belmont County Dept. of Job & Family Services
- Catholic Charities West Virginia
- Children's Home Society of West Virginia
- Coleman Professional Services of Jefferson County, Ohio
- Diocese of Steubenville, Office of Family & Social Concerns (Catholic Charities)
- Domino's Pizza, Wheeling, WV
- East Central Ohio Regional Training Center
- Every Child, Inc.
- Guernsey County Children Services Board
- Harrison County Dept. of Job & Family Services
- House of Samuel, Inc

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Joseph Shannon, PhD, (The Ohio State University) is an acclaimed psychologist, clinician, researcher, and lecturer in the areas of personality disorders, chemical dependency, character pathology, anxiety, and depression. Dr. Shannon has appeared on the CBS Morning Program and PBS Viewpoint.

Dr. Shannon has developed and presented training programs for health professionals throughout the United States and Canada. Participants praise his use of innovative teaching methods. In this presentation, film excerpts will be used to illuminate noxious people. Audiences highly recommend his insightful and practical presentations and enjoy his warm sense of humor.

*"Reasoning with Unreasonable People:
Focus on Disorders of Emotional Regulation"*

In this six-hour program, health professionals will learn how people reason with selected disorders of mood, anxiety, OCD, anger, and personality.

Practical strategies will be presented to facilitate meaningful change in patients and health professionals working in medical, dental, and behavioral health settings.

Participants will be able to list several paths to achieving effective emotional communication; outline an effective strategy to reason with a person who has a disorder of mood, anxiety, OCD, anger, or personality; describe a strategy for reasoning or having a difficult conversation with a person who is experiencing pain, illness, or vulnerability; and describe a calming strategy including the practice of mindfulness for health professionals who are experiencing strong emotions.

Conference Sponsors (continued)

- Jefferson Behavioral Health System
- Jefferson County Dept. of Job & Family Services Children Services Division (fiscal agent)
- Jefferson County Prevention & Recovery Board
- KidLink Treatment Services
- Neil Kennedy Recovery Clinic
- New Hope Treatment Centers, Inc.
- Project Attach
- PSIMED, Inc.
- Southwood Psychiatric Hospital
- Teoli, Robin, Ph.D., LMFT, LPC
- The Bradley Center
- Three Rivers Adoption Council
- Trinity Behavioral Health/Trinity Health System
- Tuscarawas County Dept. of Job & Family Services
- University of Pittsburgh, School of Social Work
- WVU School of Social Work

26th Annual Conference on Promoting Healthy Attachments

Monday, November 21, 2016

"Transforming Trauma -- How To Do This Work and Not Completely Lose Our Minds"

Laura van Dernoot Lipsky, MSW

Monday Evening Learning Session

*"Am I OK Now? One Adoptee's
Personal and Professional Recipe
for Healing the Adoption Trauma"*

Ken Huey, PhD

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*"Trauma and Its Impact on Sexual Behavior,
Identity, and Sexual Addiction Recovery"*

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-- OR --

*"Reasoning with Unreasonable People;
Focus on Disorders of Emotional Regulation"*
Joseph W. Shannon, PhD

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